# Characterization of Fitzpatrick Skin Types I-III for UV Tolerance & Extrinsic Aging Using Classical and Computer Generated Modalities

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# Fitzpatrick Skin Type Scale

- Established in 1975 (Harvard)
- Qualitative assessment of burn potential/solar tolerance
- Semi-quantitative-Self assessment techniques
- Alternate to using ITA value

#### **Relevance:**

Predisposition to pathology Risk factors to treatments R&D/claims support/Safety

- Product development
- Antiaging
- Photobiology
- Nutraceutical
- Safety in use recommendations











#### Solar Influence on Skin Biology "It's More Than Just the Burn"

- Pigmentation
- ROS generation
- Vitamin D production
- Inflammation
- Matrix degradation
- Solar elastosis
- Hyperproliferation
- Post-Inflammatory Hyperpigmentation
- DNA Damage
- Immunosuppression





Nature Chemical Biology volume 10, pages 542–551 (2014)



#### Solar Influence on Skin Biology "It's More Than Just the Burn"



# Age, Cumulative Solar Exposure and Genetic Predisposition are the Associated Forces in Promoting Skin Aging



# Gather, Track & Correlate Fitzpatrick Skin Types I-III Information to Better Characterize and Follow Study Populations in NJ

Models and Methods:

#### Fitzpatrick Skin Type Burn Analysis:

- 233 Subjects were evaluated from the CRL data base with informed consent.
- Demographics include Fitzpatrick skin type, gender and age.
- Fitzpatrick skin type determined by questionnaire data collected on self perceived ability to burn vs. tan with no sunscreen along with eye and hair color.
- UV burn times equal to 1 MED were applied using a fixed emission source single port/multi port solar simulator(Solar Light<sup>™</sup>) on healthy good condition backs of subjects. Energy output of 210 J/cm<sup>2</sup> = 1MED.
- UV exposure time were matched to subjects Fitzpatrick determination. Comparisons among the three Fitzpatrick skin types were made using ANCOVA (age as covariate).



# Fitzpatrick Skin Types I-III Show Significant Differences in Burn Times (MED) as they Relate to UV Exposure Times

Fitz Skin Type I Exposure Time	Frequency	Fitz Skin Type II Exposure Time	Frequency	Fitz Skin Type III Exposure Time	Frequency
10	7	10	8	10	2
13	15	13	36	13	5
16	8	16	38	16	9
20	3	20	0	20	29
25	2	25	13	25	17
		31	1	31	13
				39	3

Comparison among three Fitzpatrick skin types using ANCOVA (age as covariate)						
MED (seconds)	) (seconds) I II III					
I		0.0232	<.0001			
II	0.0232		<.0001			
ш	<.0001	<.0001				

Fitzpatrick Skin Type	Sample size	
I	35	
II	120	
	78	





# Fitzpatrick Skin Types I-III Show Significant Differences in Burn Times (MED) as they Relate to UV Exposure Times







# Gather Fitzpatrick Skin Types I-III Information to Correlate to Aging Characteristics around the Eye (Crow's Feet)

Models and Methods:

- 68 BTBP CLARITY<sup>™</sup> 3D System Images were analyzed on representative subsets of each Fitzpatrick skin type use in the previous analysis focusing on the lateral eye areas (Crow's feet), facial radiance and texture.
- Wrinkle and radiance parameters were quantified and statistically compared using ANCOVA (age as covariate) including wrinkle surface area, deep & fine wrinkle surface area, deep wrinkle severity, deep wrinkle width, L\* for radiance and texture.







#### Example of Crow's Feet Analysis For Each Skin Fitzpatrick Skin Type III-CLARITY<sup>™</sup> 3D System Images



All wrinkles

Fine (light blue) & Deep wrinkles (Dark Blue)

Deep wrinkles only





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### Lower Fitzpatrick Skin Types Significantly Correlate to Wrinkle Surface Area and Deep Wrinkle Width



Mean Deep Wrinkles Average Width (mm) (Wrinkles)



Fitzpatrick skin type	Sample size
l	23
Ш	37
Ш	17

Comparison among three Fitzpatrick skin types I-III using ANCOVA (age as covariate) Surface Area (%) Ш ш I 0.908 0.030 Т П 0.014 0.908 ш 0.030 0.014 Deep Wrinkles Surface Area (%) Ш Ш Т 0.909 0.236 L Ш 0.909 0.132 ш 0.236 0.132 **Deep Wrinkles Average Severity** Ш ш Т 0.932 0.202 Ш 0.932 0.152 ш 0.202 0.152 **Deep Wrinkles Average Width** (mm) Ш Ш Т 0.687 0.019 Т н 0.687 0.015 ш 0.0185 0.0151 Ш Fine Wrinkles Surface Area (%) Ш н 0.169 0.801 Т н 0.169 0.331 ш 0.801 0.331





### Fitzpatrick Skin Type Significantly Correlates to Radiance and Texture

#### Clarity 3D Radiance analysis by Fitzpatrick Skin Type

Mean Lstar



Comparison among three Fitzpatrick skin types using ANCOVA (age as covariate)

Lstar	I	II	III
I		0.478	0.150
Π	0.478		0.020
III	0.150	0.020	

Fitzpatrick skin type	Sample size
I	23
П	37
111	17

#### Clarity 3D Texture analysis by Fitzpatrick Skin Type

Comparison among three Fitzpatrick skin types using ANCOVA (age as covariate)

Texture	I	II	Ш
I		0.639	0.032
Ш	0.639		0.0297
	0.032	0.030	



#### **Conclusions and Next Steps**

#### Conclusions:

- Fitzpatrick skin types I-III from NJ significantly differ in their ability to tolerate UV light
- Representative Fitzpatrick skin types I-III differ in their Crow's feet aging in terms of deep wrinkles, surface area and texture.
- Inverse relationship seen with Fitzpatrick skin types I-III for radiance measures.
- Subject data skewed towards older females

#### Next steps:

- Continue to build image data base for more power, include data base from NC facility
- Collect more data on younger individuals and men
- Include additional global aging attributes like mottled pigmentation, moisture, elasticity and TEWL.
- Explore new methods to determine UV exposure risks in Fitzpatrick Skin Types IV-VI.



# International Society for Biophysics and Imaging of the Skin

Skin: Surface to Depth

May 1-4, 2018

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